



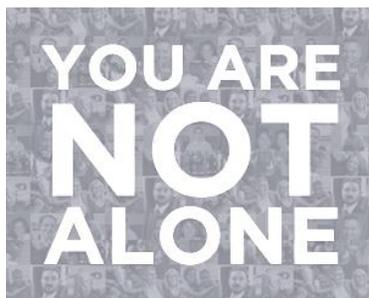
Hawaii's Voice on Mental Illness

FREE

INFORMATION

SUPPORT

EDUCATION



NAMI Hawaii is a state organization of National Alliance on Mental Illness, the nation's largest grassroots mental health organization with affiliates on Kauai, Maui and the Big Island.

SUPPORT, EDUCATE, ADVOCATE, AWARENESS

Website: www.namihawaii.org
Email: info@namihawaii.org
Tel: (808) 591-1297



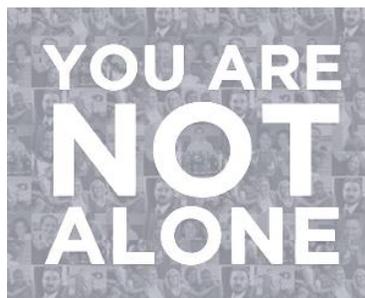
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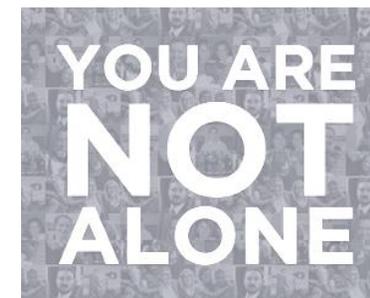
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NAMI HAWAII PROGRAMS

NAMI Family to Family Education Courses are free 12-session educational programs for family and loved ones caring for people with mental illness, an evidenced-based program, which significantly improves the coping and problem-solving abilities.

Support Groups are free and confidential, monthly, peer-led support group. NAMI Connection Recovery groups are for individuals in recovery and Family groups are for loved one who care for them. Our support groups follow a structured model, ensuring everyone is heard and gets support.

Information and Support is available. We respond personally to all inquiries and requests from people living with mental illness and their love ones, providing free referrals, information and support.

NAMI Walks is proud to be the largest and most successful mental health awareness and fundraising event in America! Through NAMIWalks' public, active display of support for people affected by mental illness, we are changing how Americans view persons with a mental illness. NAMIWalks Hawaii will be held on the 2nd Sat. in October at Honolulu Hale. Register: www.namiwalks.org/hawaii

NAMI Hawaii Speakers Bureau offers free presentations that change people by describing the reality of living with mental illness. People and families affected by mental illness share their powerful personal stories to schools, churches, and businesses. NAMI Hawaii teachers and providers are also available to make presentations.

Conferences and Workshops on various topics, such as mental wellness, how to communicate, social services, etc., are offered throughout the year.

Ending the Silence - Youth Program is a 50-minute presentation designed for teens, parents and teachers with a youth's personal story, warning signs, facts, stats and info on how to get help.

Free Resources, Fact Sheets, Classes & Group Time/Locations go to: www.namihawaii.org

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