

**NAMIWalks
Lanai**

Saturday,

October 12 - 9AM

Dole Park



Why We Walk

To promote
awareness of mental
health and reduce
stigma

To raise funds for NAMI's
free top-rated mental
health programs

To build community
and let people know
they are not alone

Register to walk is FREE at [Namiwalks.org/lanai](https://namiwalks.org/lanai)

