

When: Saturday, October 11 2025

9am-12pm

**Where:** Frank F Fasi Civic Center Grounds

650 S King St. Honolulu, HI

How to Participate: Register at namiwalks.org/hawaii
\*1K, 5K, & Virtual Options









Why We Walk



To promote awareness of mental health and reduce stigma



To raise funds for NAMI's free, top-rated mental health programs



To build community and let people know they are not alone

We are WNAMI Walks