

namiWalks Kauai

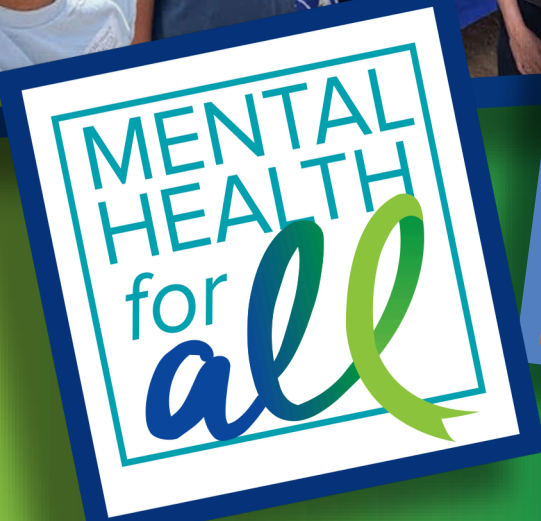
Saturday October 11 2025

Kealia Bike Path near Lifeguard Tower

9am-11am



Register: <https://www.namiwalks.org/kauai>



Why We Walk



To promote awareness
of mental health and
reduce stigma



To raise funds for NAMI's
free, top-rated mental
health programs



To build community and
let people know they are
not alone