

When: Saturday, October 11 2025

9:30am-12pm

**Where:** Dole Park

**How to Participate: Register for FREE:** 

https://www.namiwalks.org/lanai







To promote awareness of mental health and reduce stigma



To raise funds for NAMI's free, top-rated mental health programs



To build community and let people know they are not alone

**@NAMI** Valks