

# namiWalks<sup>2025</sup> LANAI

When: Saturday, October 11 2025

9:30am-12pm

Where: Dole Park

How to Participate: Register for FREE:  
<https://www.namiwalks.org/lanai>



*Join the joy!*

## Why We Walk



To promote awareness  
of mental health and  
reduce stigma



To raise funds for NAMI's  
free, top-rated mental  
health programs



To build community and  
let people know they are  
not alone

*We are*  
 **NAMI**  
**Walks**