

2022 Annual Report

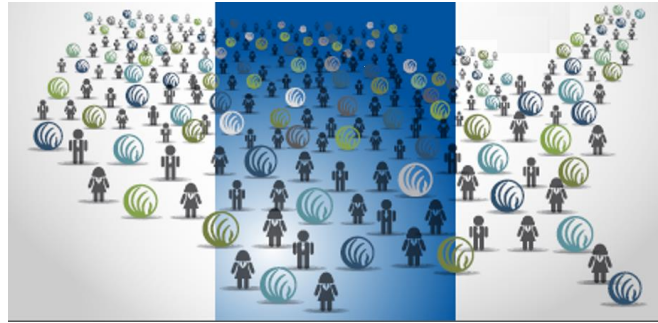


National Alliance on Mental Illness

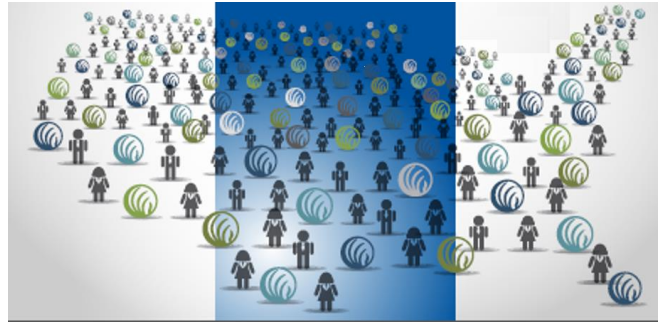
nami

Hawaii

What has NAMI Hawaii been up to in 2022?



Largest Grassroots Mental Health Organization in
the U.S. with over 600 affiliates



NAMI Hawaii State Office on Oahu

Four Affiliates: Kauai, Oahu, Maui, Big Island

FREE PROGRAMS STATEWIDE

Mission

NAMI Hawaii is dedicated to improving the quality of life of individuals and families affected by mental illnesses, through support, education, advocacy, and awareness. We serve our community by empowering people to confront the profound injustices brought by serious mental illnesses. Through the strategic plan, we chart a course to meaningful systems change and the path to recovery.

Programs Statewide

**In 2022 we gave direct services to over 3737 people
with over 352 volunteers.**

Workshops, Conferences, & Speaker's Bureau

Workshops

Samaritan Counseling
Boundaries for Women

LEAP Workshop
Coping Skills
Hawaii Kai New Hope
Grace Honolulu Church

NAMI Hawaii Annual
Conference
HPD CIT trained: 82
Hilo CIT: 20

Speaker's Bureau

Lahainalua HOSA
UH PreMed Club
DECA Conference HOSA business
HOSA State Conference
West Coast Comp Health Center Staff
Mental Health Parity
HIPHI
CVS Colleague Resource Group's WISE
New Hope Hawaii Kai
KJEC Korea and Japan Leaders
JABSOM 2nd Year Students
Kamehameha Schools MH for staff
American Savings Bank Staff
w/HMAA for Central Pacific Bank Staff
Pre Med Students UH

Trainings

(2) Connection Recovery Support Group Training 13 Family Support Group Training

2023 Trainings:
Family Support Group
Peer to Peer



NAMIWalks Hawaii 2022

Raised: \$ 100,000+

494 Participants

19 Sponsors \$27K+

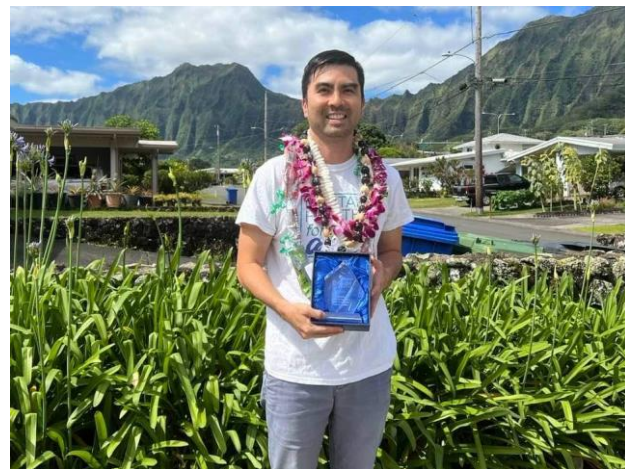


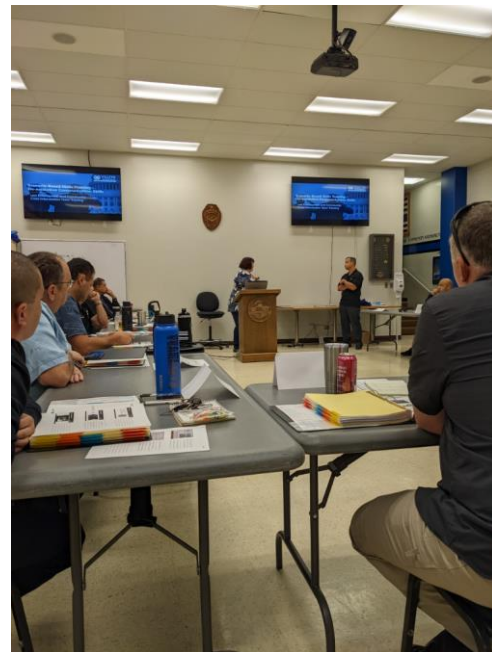
Looking to the Future for NAMI Hawaii

- NAMI Big Island Kona Training
- New Support Groups: Women's, Faithnet, First responder, etc.
- NAMI Hawaii State Conference: Spring 2023
- NAMI Walks Hawaii & Big Island & Kauai October 2023

Taking Registration for Early 2023:

- Peer-to-Peer Class
- Family-to-Family Class
- How to Communicate









Draft Strategic Plan - NAMI Hawaii 2022-2025

Purpose

Through the strategic plan, we chart a course to meaningful systems change and the path to recovery.

NAMI Pillars/Key Focus Areas

Support	Education	Advocacy	Awareness	Affiliates
<i>Goal: Increase</i>		<i>Goal:</i>	<i>Goal:</i>	<i>Goal: Foster</i>

Initiatives/Objectives

Expand programs to rural communities	Train and retain an advocacy coordinator to oversee local advocacy efforts	Increase Visibility of programs	Ensure affiliates are financially stable and self-sufficient
Train and retain additional program leaders, including prior program participants	Reestablish an advocay committee, with board members and NAMI HI members	Increase Walk particiaption	Recruit 2 steering committee members/affiliate
Increase in-person programs	Expand CIT and ACT intitutiatives		Establish at least 2 NAMI signature programs/affiliate

NAMI Pillars/Key Focus Areas				
Support	Education	Advocacy	Awareness	Affiliates
Key Performance Indicators				
Number of programs available to rural residents		Increase NAMI Hawaii advocacy committee members	Increase program and walk participation by 10%	Efficiency ratio (expenses as a % of revenue)
Number of trained program leaders		Reestablish ACT program interest		Number of affiliate-specific funding sources and funding amount(s)
Leader retention rate		Growth in CIT police training across the state		Number of steering committee members
Number of prior program participants actively engaged as program leaders				Number of NAMI signature programs offered
Total number of program facilitators/leaders				
Ratio of in-person:online programs				

NAMI Pillars/Key Focus Areas

Support	Education	Advocacy	Awareness	Affiliates
Action Steps				
Assess need for additional programs		Assess need from the leaders, community, and other organizations	Build stronger connections with external stakeholders (i.e., healthcare providers, hospitals, club houses, etc.)	Hold monthly affiliate leader meetings
Identify and train 30 program leaders		Hold regular NAMI Hawaii advocacy committee meetings and report to board on current issues to vote or give testimony		Hold quarterly affiliate program leader meetings
(Note: Retention rate is ~50%; need to train 30 leaders to retain 15)				

ELECTION OF BOARD MEMBERS

Holdover Directors

Dana Anderson
Shuk Wai Chan
Mike Durant
Randy Hack
Steven Katz
Francesca Leonetti
Karin Medigovich
Denis Mee-Lee
Debbie Zimmerman

Candidates

For 3 year term (6)

Michael Broderick
Amber Drake
Anika Gearhart
Amy Morton-Sogi
Marie Vorsino
Chelsea Wong

For 1 year term

Kathy Hammes

MAHALO!!!

RETIRING BOARD MEMBERS

Carol Kozlovich

Michael William, CPA

RETIRING PROGRAM LEADERS

Margie and Mike Durant, NAMI Oahu FSG

MeeLing Dang, NAMI Oahu F2F

Carol Denis, NAMI Big Island F2F



YOU ARE NOT ALONE

