



National Alliance on Mental Illness

nami | Hawaii

*Annual Celebration*  
*December 13, 2025*

# **Moment of Reflection**

## **by Dennis Williams**

# In Memoriam Shanti Mizuno



Shanti passed away unexpectedly May.

She was an avid track runner and a strong community advocate for mental health, which she learned from her mother Amy.

Member of Hale O Honolulu Clubhouse and a NAMIWalks Team Captain for many years.

# **HOLIDAY GAME**

## **with Bethany Arneson**

# What has NAMI Hawaii been up to in 2025?

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In 2025, NAMI Hawaii gave direct services to more than 7059 people with over 390 volunteers.





Thank you for a great year  
NAMI Hawaii Ohana  
NAMI Hawaii Ohana!

# Presentations & Speaker's Bureau

- APS De-Escalation Presentation
- Parks and Rec Deescalation
- Pac Rim Disability Conf
- Bank of Hawaii - How to Communicate
- Managing your mental health - HI Convention Center
- FaithNet Bridges of hope HCC
- Coping Skills Manoa Japan SDA Church
- Coping Skills @ Palekana
- About NAMI for VTC
- SAMHSA TERRITORY Family support
- Veteran Treatment Court
- HMAA and Amazon Mental wellness
- HIDOE Bhvrl Threat Assess and Mngmnt
- Hina Mauka - How To Communicate
- Macy's Wellness Rally
- How to communicate – KROC Center
- Macy's Presentation Kona
- Who is NAMI 988
- Adventist Health Castle Who is NAMI
- Bridges of Hope Presentation ICIA
- Managing Your Stress and MH Arcadia
- AFSP Public Policy/Advocacy
- JEDI Council Hawaii Health Plan WF

# Health & Wellness Fairs

- AUW Nonprofit Resource Fair
- Molokai Ohana Wellness
- Annual Resource Fair @ HICKAM AFB
- Pearlridge Center MH Resource Fair
- CIT Resource Fair
- Red Hill Registry Launch and Comm Fair
- Iolani Club Day (NAMI on Campus)
- John A Burns School of Med
- Autism Walk & Resource Fair, UHH
- Hawaii Island Healthcare Conference
- Cohen Clinic at Endeavors Mililani
- Military Spousefest Schofield Barracks
- Hawaiian Electrician's Annual Health Fair





# nami Hawaii ANNUAL CELEBRATION





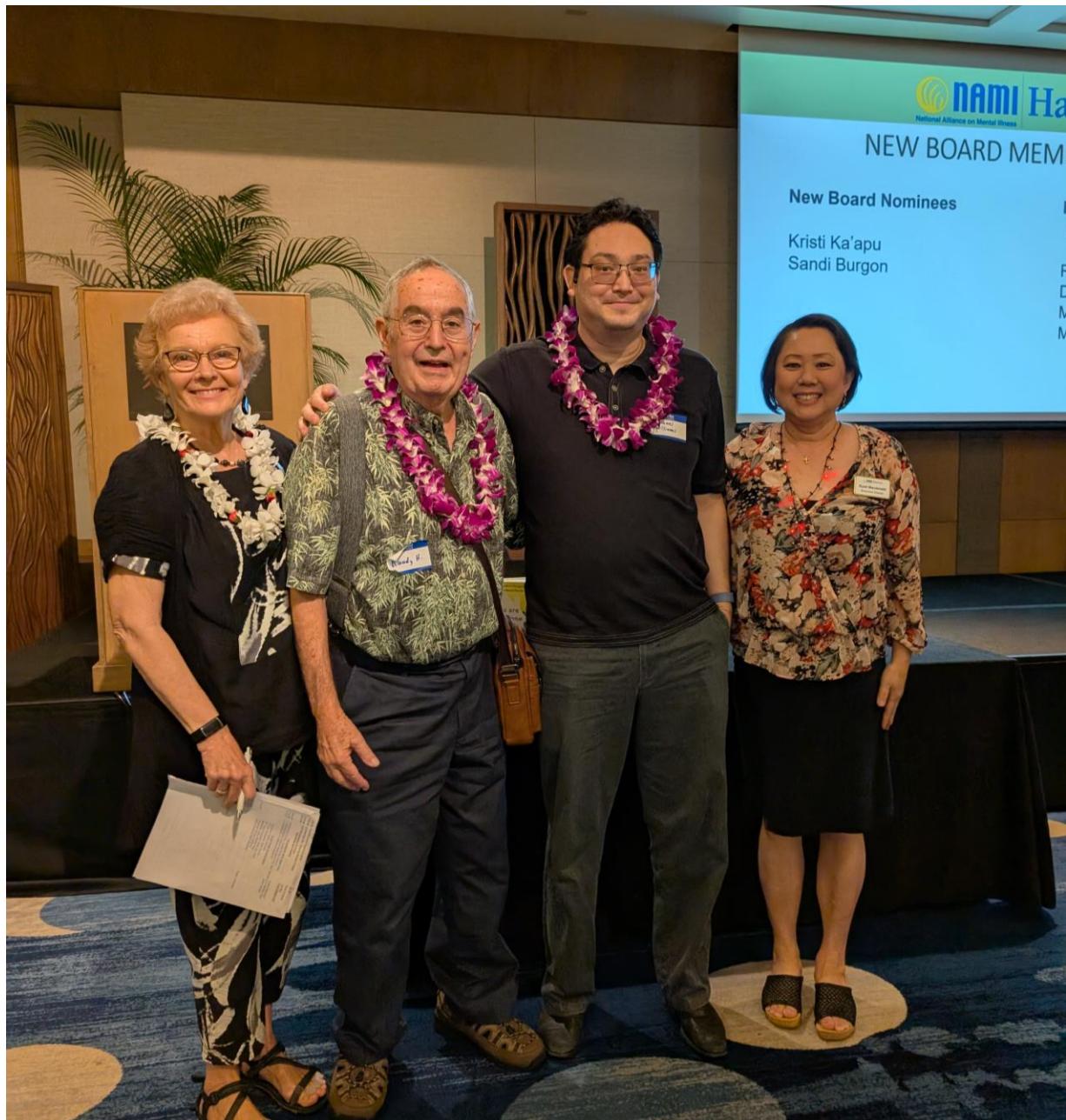
## CIT Trainings (Crisis Intervention Team)

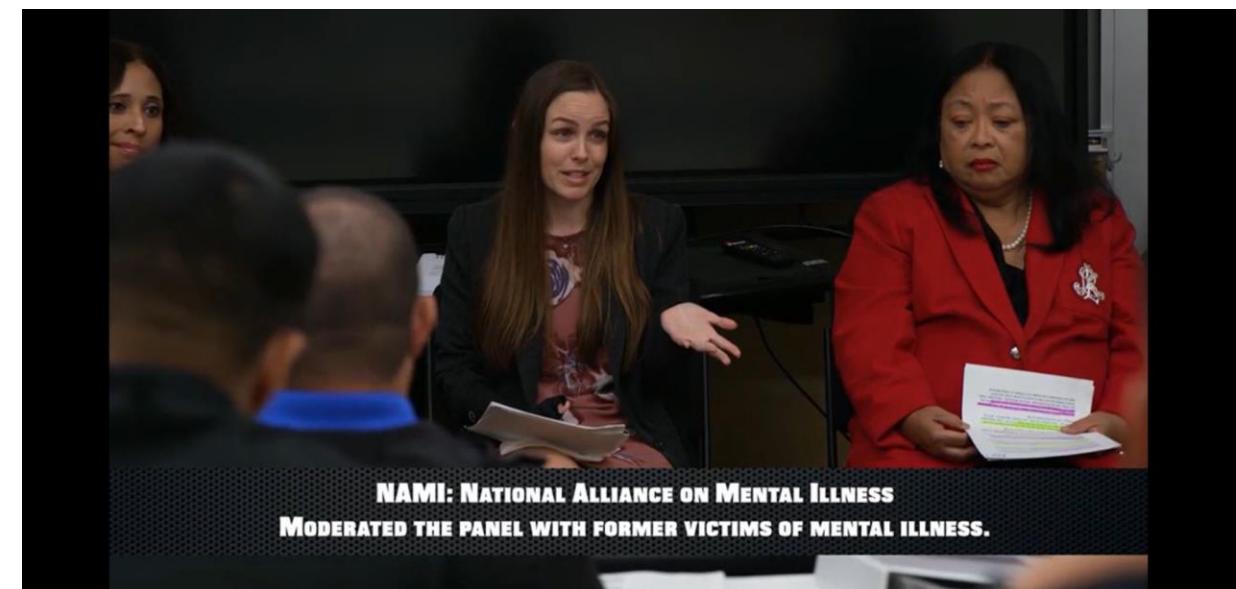
NAMI Hawaii coordinated 6 - 40hour CIT trainings in Honolulu and Hawaii County

Honolulu CIT: 83 trained

Hawaii County CIT: 11 in Kona and 20 in Hilo

15 condensed Crisis Intervention / De-escalation presentations offered to 544 people across Adult Protective Services/Judiciary/etc.





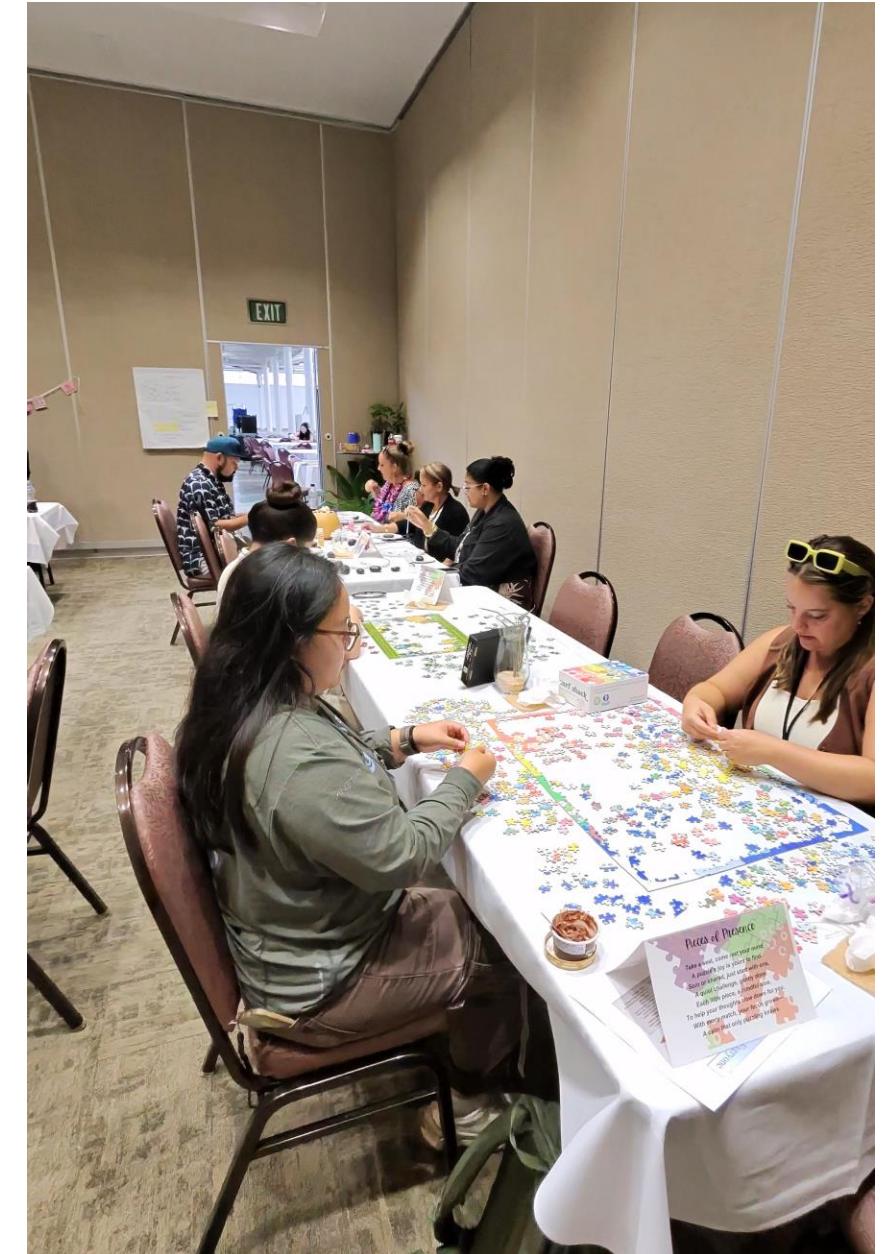
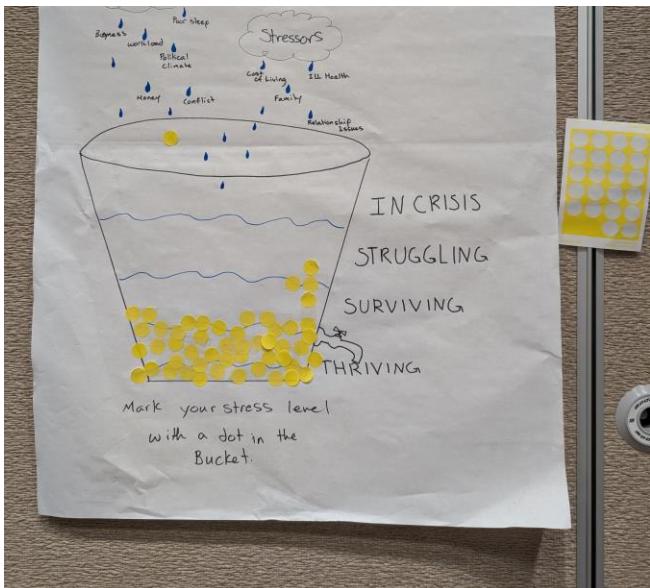
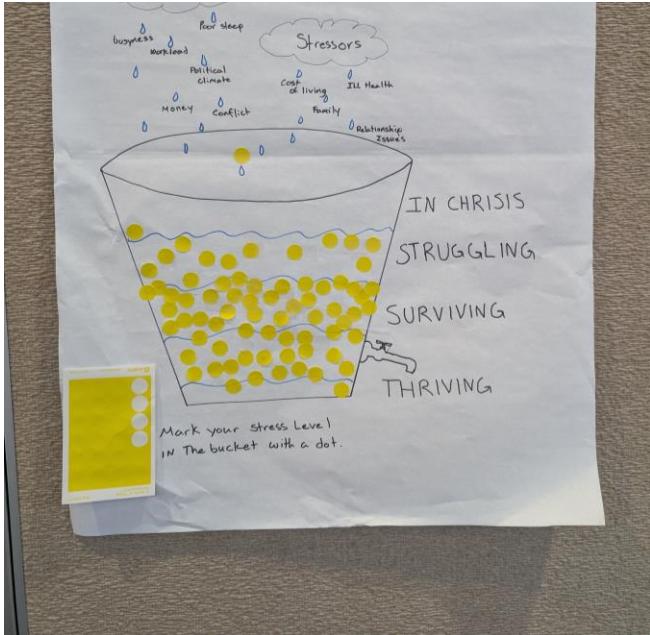




# TRAININGS for NEW LEADERS

NAMI Hawaii held a state training for Family-to-Family, certifying 7 family members as new program leaders.

NAMI also partnered with Hawaii State Rural Health Association for Ending Stigma workshops in Hilo and Kona, training 18 facilitators





Celebrating Amber & Karin & their MHA Mahalo Award wins. They gave outstanding speeches and were so inspiring!



# NAMI SIGNATURE PROGRAMS

- 3 Family to Family Educations (8-wk course)
- 1 Family & Friends Presentations (2-part course)
- 2 Peer-to-Peer Education (8-wk course)
- 5 Hearts and Minds Education (5-wk course)
- 10 Monthly Family Support Groups
- 2 Weekly & 7 Monthly Connection Recovery Support Groups

# VOLUNTEERS AND PEER ONBOARDING



- Over 24 new volunteers throughout the Islands
- Will expand and multiply NAMI programs and presentations.
- New ways to journey with peers through friendship and support.

# VOLUNTEERS

24 NEW VOLUNTEERS in 2025



- 9 Ending the Silence and NAMI on Campus
- 7 Peer and Family Support Groups
- 2 Hearts & Minds.
- 3 Sharing your Story with Law Enforcement (CIT)
- 8 Health fairs and resource tabling

# WORK WITH PEERS

**Peer to Peer Education online  
August - October 4th 2025**

- First time prep support team
- 6 Peers completed
- 5 desiring Peer to Peer training



**Online Connection Recovery  
Support Group**

- 5 new peer/ volunteers looking to support and run Peer support groups

## **In person Meet ups:**

To pursue how to further training and future needs/goals for our peer/volunteers including creating spaces for better connection and support.

# YOUTH PROGRAMS

NAMI Hawaii Youth programs include:

- Ending The Silence presentations
- NAMI On Campus
- Coping Skills Presentations.

Our focus is building up Hawaii's youth to care for their own and mental health and support their peers.

## Ending the Silence Presentations:

a youth and young adult presentation  
on mental health awareness.

- 14 presentations
- 822 students from various middle  
and high schools across Oahu  
attended
- 6 new presenters trained



# Youth Programs & Presentations

## Ending The Silence Presentations:

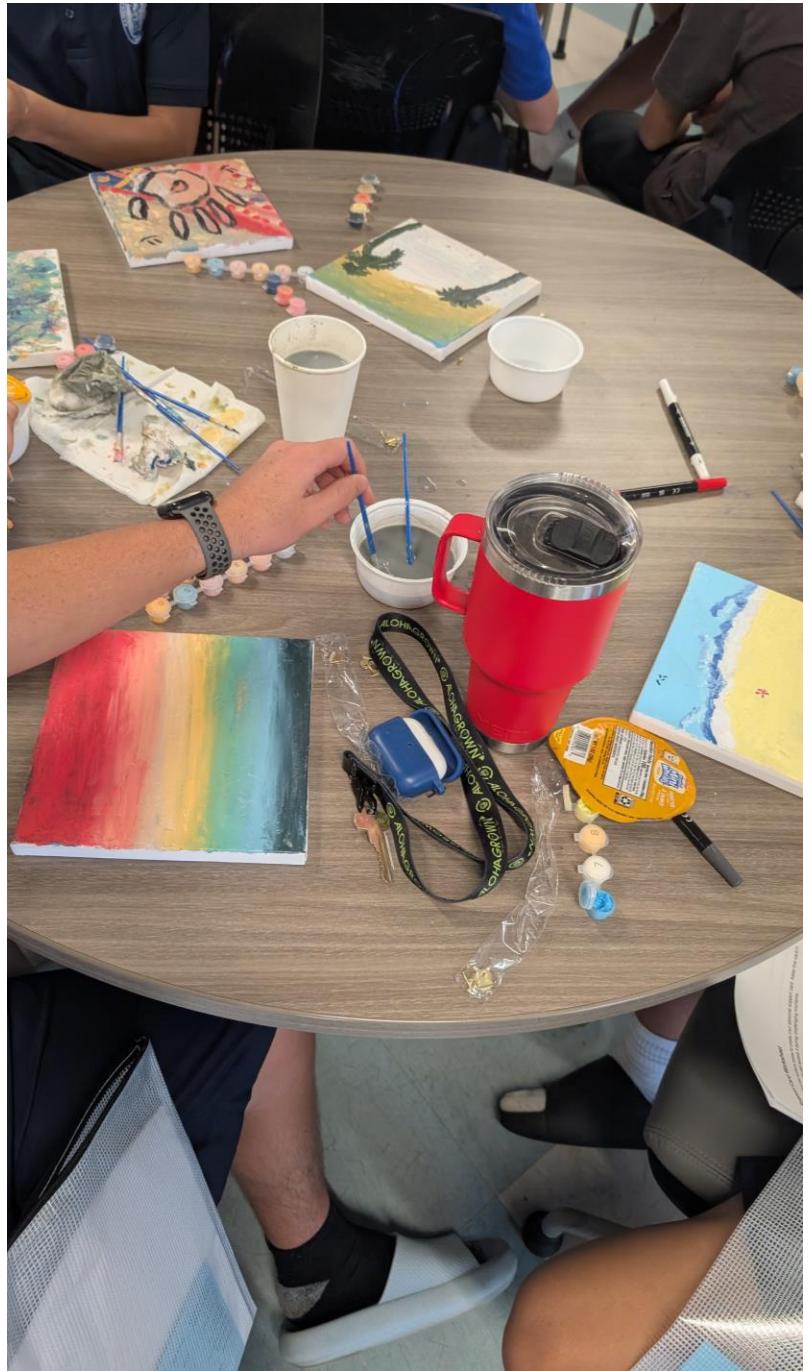
- Hawaii Job Corps
- Paloma Settlement
- UH Laboratory School (x2)
- Hawaii Society of Medical Assistants
- Healthy Living Essentials (Family ETS)
- Island Pacific Academy
- Kroc Center Salvation Army

## Coping Skills Presentations:

- Kamehameha Schools
- Momilani Elementary
- Island Pacific Academy (x2)
- Manoa Japanese SDA Church

## Other:

- Macy's Reading is Fundamental



## 2025 New Clubs:

- 'Iolani Schools
- Punahou Schools
- Kamehameha Schools
- Island Pacific Academy
- University of Hawaii Manoa

## 2025 Continuing Clubs:

- Waipahu High School



# Macy's Reading Is Fundamental

Asia, an ETS volunteer, was awarded for being an outstanding community member and someone who makes a lasting impact on students' wellbeing!

- 60 Linapuni 1st grade students
- Read-aloud and student activity based on literacy and social emotional learning
- Students left with literacy kits containing 3 new books, and other resources from RIF and NAMI



# nami Walks 2025

**\$106,058**

Funds raised



## Oahu 18th Year

	# of Participants	# of Teams
2025	863	49
2024	767	75

**\$4,730**

Funds raised



## Big Island 7th Year

	# of Participants	# of Teams
2025	110	9
2024	53	11

# namiWalks 2025



## Kauai 4th Year

	# of Participants	# of Teams
2025	41	3
2024	35	4

## Maui 3rd Year

	# of Participants	# of Teams
2025	79	5
2024	57	-

## Lanai 2nd Year

	# of Participants	# of Teams
2025	50	1
2024	35	2

# namiWalks 2025

## New Walk Site: Molokai



	# of Participants	# of Teams
2025	9	1

# nami Walks 2025

## Statewide Totals:

- Over \$115,201 raised
- 1,148 Participants
  - 68 Teams

*Mahalo to our sponsors:*



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# NAMI Hawaii ANNUAL CELEBRATION



# ADVOCACY in 2025

## Annual Mental Health Summits

**REIMAGINE**  
*Crisis Response*

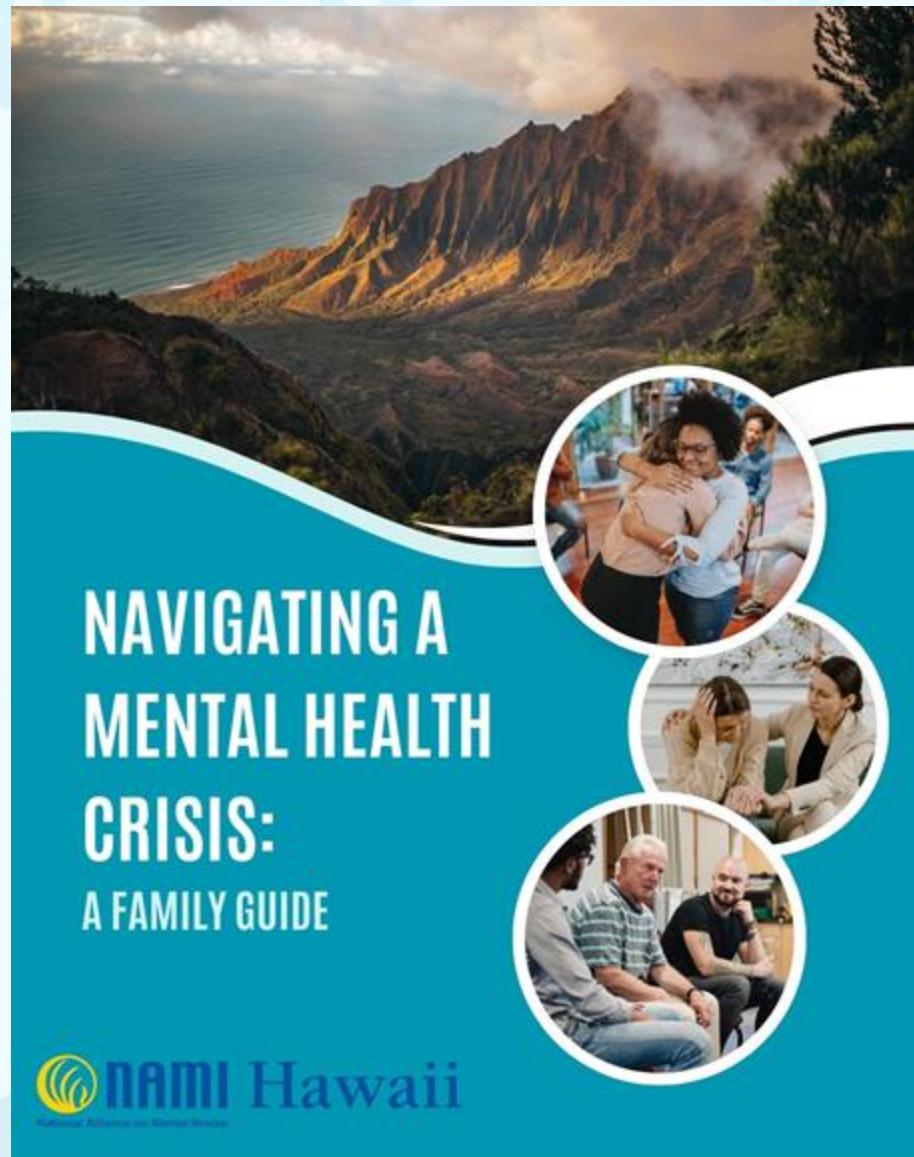
~ *Someone to Contact* ~ *Someone to Respond* ~  
~ *A Safe Place to Go* ~ *Ongoing Support* ~

**To assess current crisis response services,  
identify gaps and plan for the future.**

**Big Island** – 3rd Summit took place in September

**Kauai** – 1st Summit in November & 2nd planned for August 2026

**Maui** – 1st Summit tentatively planned for March 2026



**Outlines the steps to take in an emergency**

**Explains available treatment pathways including  
navigating Assisted Community Treatment (ACT) and  
guardianship options**

**Offers practical, accessible support for families,  
including connections with families who have  
navigated these processes before**

**You Are Not Alone!**

## What The Guide Provides

- **Roadmap** for families: 911/CIT officer ~ 988 ~ Crisis Mobile Outreach (CMO)
- **Legal pathways**: Voluntary care ~ involuntary hospitalization ~ Assisted Community Treatment (ACT)
- **Step-by-step guidance** for deciding which pathway fits and detailed instructions for pursuing an ACT order and the Attorney General's role
- **Overview** of guardianship procedures including what the courts require

## Practical Tools & Resources

- Phone numbers, links, and agencies that support families: (AMHD, CMHCs, AG's Office, Judiciary forms, Care Hawaii, NAMI Hawaii)
- Common challenges families face and strategies to make the process smoother
- Reference section with key documents, and contacts involved in crisis response

# Legislative Priorities

- 1) Crisis Response Services
- 2) Quality, Affordable, & Culturally Relevant Care
- 3) Criminal Justice Mental Health Reform and
- 4) Workforce Development that includes Peer Support Specialists.

## Outcomes of 2025 Legislative Session

Initial tracked 21 bills – Submitted testimony on 3 bills ~ all 3 bills passed!

- HB943 – Homeless Triage Centers - \$1m over 2 years to expand services
- SB1322 – State Chapter 334 on Mental Health - Revisions passed
- HB1462 – Behavioral Health Crisis Centers – No funding approved...

Developing our strategy to introduce NAMI's first bill in the 2027 session regarding a 988 Telecommunication Surcharge to generate funds to support Crisis Response Care Services.

# **AFFILIATE UPDATES**

NAMI Kauai – Karin Medigovich

NAMI Oahu – Dominique Mundt

NAMI Maui – Amber Drake

Molokai – Genevieve Correa Soares

NAMI Big Island – Susan McGovern

# **ANNUAL MEETING and VOTING**

- Call to Order Kathy Hammes, BOD President
- 2024 Annual Meeting Minutes Approval – Amy Morton-Sogi
- Treasurer's Report – Michael Williams, CPA
- Election of New Board Members for 2026 – Mike Durant

# NEW BOARD MEMBERS 2026

## RENEWING

Michael Broderick, Retired Judge

Amber Drake, Mental Health Counselor

Ana Kia, LCSW

Mike Durant, Current Vice President

Chelsea Wong, PsyD

## NEW BOARD NOMINEES

Anson Rego, Esq., Past NAMI Hawaii Board Member

Debbie Zimmerman, Past NAMI Hawaii President



# APPRECIATION



# RETIRING BOARD MEMBERS

**Amy Morton-Sogi**

# STRATEGIC PLAN UPDATE

## **Priority One: Grow Island Affiliates**

- Financial support available for part-time leadership
- Increased awareness of NAMI programs
- At least one family program and one peer program available in each affiliate
- sufficient volunteer facilitators and membership to support programs and broaden community awareness.

## **Priority Two: Recruit and Retain Peer Leaders**

- Secure and train at least 10 peer leaders.
- Every quarter at least one peer class or special program will be offered
  - Peer support groups will be offered monthly, with a goal of five (5) per month.
- The NAMI Hawaii website will provide links to NAMI National peer programs outside of Hawaii.
- Paid part-time staff person, preferably a certified peer specialist, provides leadership, support, and oversight

## Priority Three: NAMI Hawaii Recognized as THE Voice

- Adequate staffing to support the advocacy priorities approved by the board.
- Enthusiastic board advocacy chair with a two-year commitment
- Visit with key elected officials after election day.
- NAMI day at the legislature and training for membership
- Board advocacy chair and advocacy staff researches and drafts priorities.
- Board approves the annual advocacy priorities.
- Advocacy committee and staff receives advocacy training.
- Track priority legislation, communicate action alerts to members
- Staff gathers data from peers and families about what they want and need.

## **Priority Four: Build Private and Government Collaborations**

- Current collaborations will be identified and evaluated, working with other NAMI staff.
- Develop intentional outreach to ensure ready communication with major collaborators which is mutually beneficial.
- Convene collaborators to facilitate communications, share information, identify common projects, and improve resource availability to peers and family members.
- Publish the NAMI Hawaii Resource guide and make it available to peers, family members, and the community.
- Publish and share the guide with collaborators for their use.
- Focus on getting the word out about the guide, e.g., social media, presentations and talks by peers, and advertising.

# PROGRAMS in 2026

(tentative\*)

January	Honolulu CIT Peer-to-Peer classes (1/17)	June	NAMICon Virtual (6/11-13)
February	Family-to-Family (2/7) & Homefront (2/28) NAMI State Training	July	Family & Friends (7/12) Honolulu CIT
March	Big Island CIT & Hearts+Minds	August	Family-to-Family 8/30) Peer-to-Peer
April	<b>NAMI HI STATE CONFERENCE</b> Family-to-Family (4/26) & Honolulu CIT	September	Hearts+Minds (9/6)
May	Hearts+Minds (5/3) & NAMI State Training (5/10) Family-to-Family (5/23) Peer-to-Peer	October	<b>NAMIWalks Hawaii (10/11) &amp;</b> Honolulu / Big Island CIT
		November	Family & Friends (tba)
		December	Hearts+Minds Annual Celebration
		Quarterly	<b>NAMI Hawaii Community Meetings</b> (led by Board of Directors / Debbie Zimmerman)

\* All program schedules are subject to change. Please contact [info@namihawaii.org](mailto:info@namihawaii.org) to join our monthly newsletter for updates



# REIMAGINE

## *Crisis Response*

**Every person in a mental health crisis deserves a mental health response**



**Keynote: Kody Green**

*Comedian, Podcaster,  
and Advocate:  
The Schizophrenic Hippie*

# **NAMI Hawaii State Conference**

## **in Partnership with Mental Health America of Hawaii**

All program schedules are subject to change.

Please contact [info@namihawaii.org](mailto:info@namihawaii.org) for more information

**SAVE THE DATE**  
**APRIL 13, 2026**

# OPEN MIC

Please share 1-2 minutes on how NAMI Hawaii has given you HOPE for you or your loved one



# **PRIZES & CENTERPIECE**



**nami**  
*Hope starts with you.*



**Thank You!**