



National Alliance on Mental Illness

nami Hawaii

Annual Celebration
December 13, 2025



Moment of Reflection by Dennis Williams

In Memoriam Shanti Mizuno



Shanti passed away unexpectedly May.

She was an avid track runner and a strong community advocate for mental health, which she learned from her mother Amy.

Member of Hale O Honolulu Clubhouse and a NAMIWalks Team Captain for many years.



HOLIDAY GAME **with Bethany Arneson**

What has NAMI Hawaii been up to in 2025?

In 2025, NAMI Hawaii
gave direct services to
more than 7059 people
with over 390 volunteers.





Thank you for a great year
NAMI Hawaii Ohana!

Presentations & Speaker's Bureau

- APS De-Escalation Presentation
- Parks and Rec Deescalation
- Pac Rim Disability Conf
- Bank of Hawaii - How to Communicate
- Managing your mental health - HI Convention Center
- FaithNet Bridges of hope HCC
- Coping Skills Manoa Japan SDA Church
- Coping Skills @ Palekana
- About NAMI for VTC
- SAMHSA TERRITORY Family support
- Veteran Treatment Court
- HMAA and Amazon Mental wellness
- HIDOE Bhvrl Threat Assess and Mngmnt
- Hina Mauka - How To Communicate
- Macy's Wellness Rally
- How to communicate – KROC Center
- Macy's Presentation Kona
- Who is NAMI 988
- Adventist Health Castle Who is NAMI
- Bridges of Hope Presentation ICIA
- Managing Your Stress and MH Arcadia
- AFSP Public Policy/Advocacy
- JEDI Council Hawaii Health Plan WF

Health & Wellness Fairs

- AUW Nonprofit Resource Fair
- Molokai Ohana Wellness
- Annual Resource Fair @ HICKAM AFB
- Pearlridge Center MH Resource Fair
- CIT Resource Fair
- Red Hill Registry Launch and Comm Fair
- Iolani Club Day (NAMI on Campus)
- John A Burns School of Med
- Autism Walk & Resource Fair, UHH
- Hawaii Island Healthcare Conference
- Cohen Clinic at Endeavors Mililani
- Military Spousefest Schofield Barracks
- Hawaiian Electrician's Annual Health Fair





NAMI Hawaii ANNUAL CELEBRATION



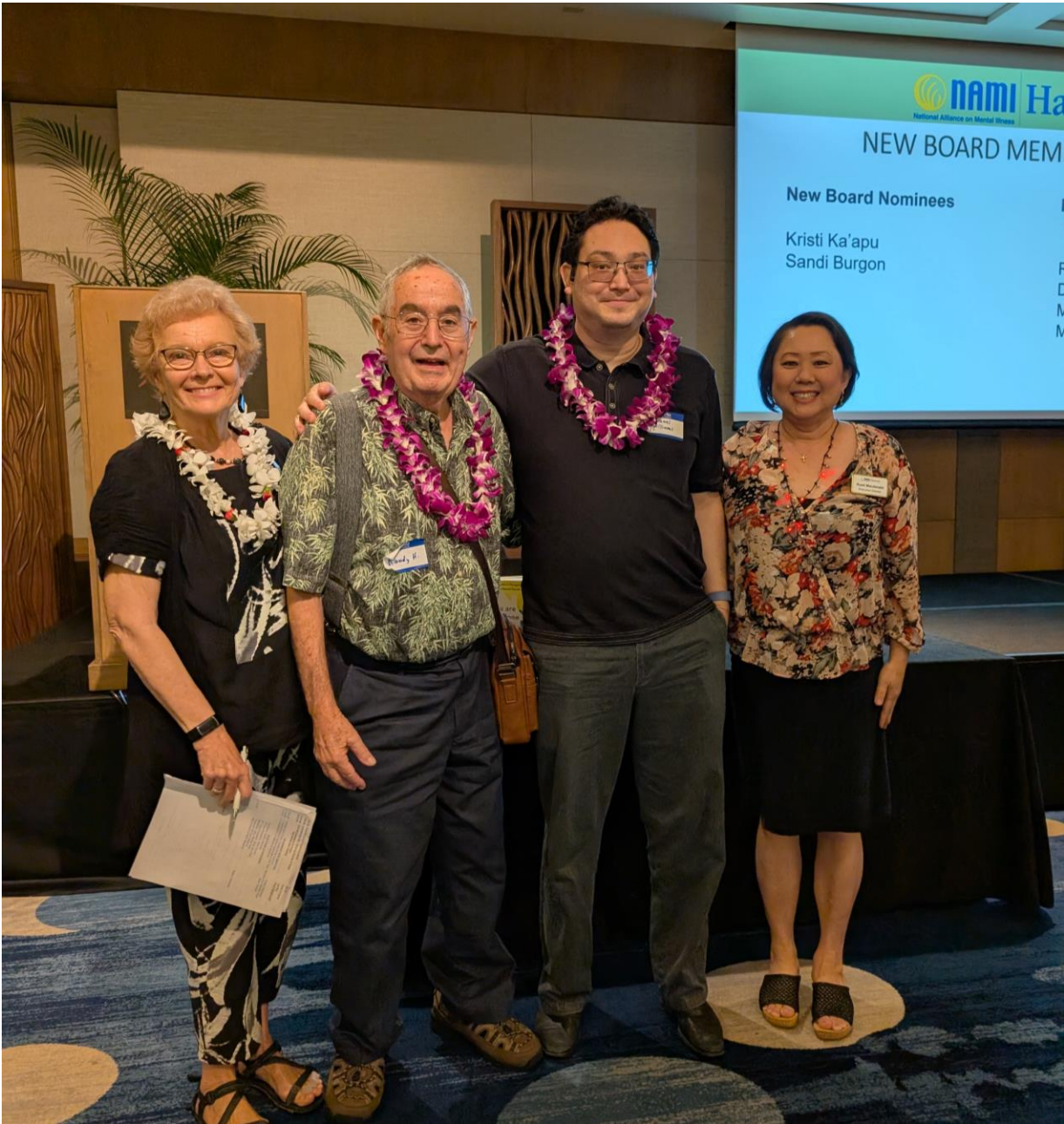
CIT Trainings (Crisis Intervention Team)

NAMI Hawaii coordinated 6 - 40hour CIT trainings in Honolulu and Hawaii County

Honolulu CIT: 83 trained

Hawaii County CIT: 11 in Kona and 20 in Hilo

15 condensed Crisis Intervention / De-escalation presentations offered to 544 people across Adult Protective Services/Judiciary/etc.





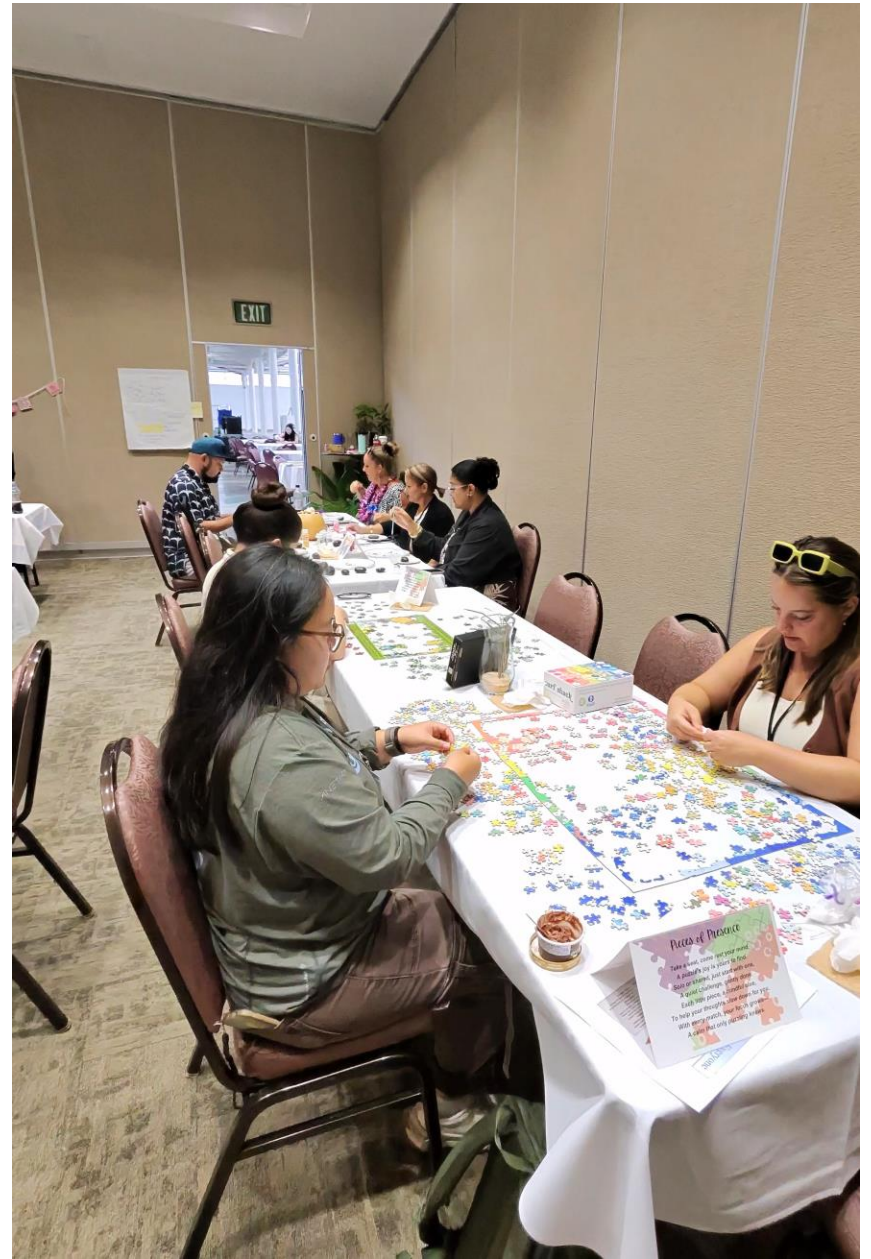
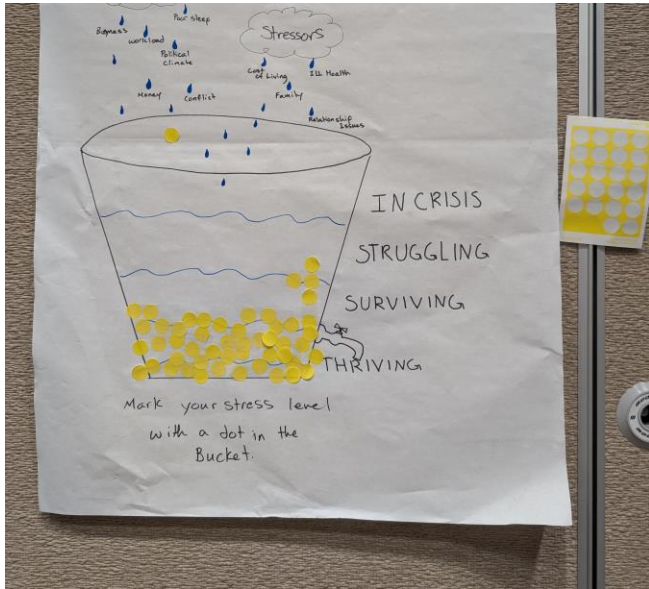
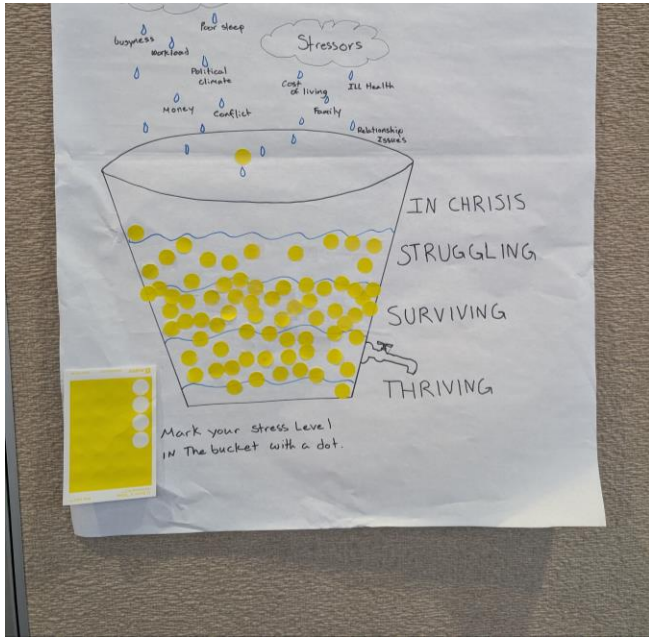




TRAININGS for NEW LEADERS

NAMI Hawaii held a state training for Family-to-Family, certifying 7 family members as new program leaders.

NAMI also partnered with Hawaii State Rural Health Association for Ending Stigma workshops in Hilo and Kona, training 18 facilitators





Celebrating Amber & Karin & their MHA Mahalo Award wins. They gave outstanding speeches and were so inspiring!



NAMI SIGNATURE PROGRAMS

- 3 Family to Family Educations (8-wk course)
- 1 Family & Friends Presentations (2-part course)
- 2 Peer-to-Peer Education (8-wk course)
- 5 Hearts and Minds Education (5-wk course)
- 10 Monthly Family Support Groups
- 2 Weekly & 7 Monthly Connection Recovery Support Groups

VOLUNTEERS AND PEER ONBOARDING



- Over 24 new volunteers throughout the Islands
- Will expand and multiply NAMI programs and presentations.
- New ways to journey with peers through friendship and support.

VOLUNTEERS

24 NEW VOLUNTEERS in 2025



- 9 Ending the Silence and NAMI on Campus
- 7 Peer and Family Support Groups
- 2 Hearts & Minds.
- 3 Sharing your Story with Law Enforcement (CIT)
- 8 Health fairs and resource tabling

WORK WITH PEERS

Peer to Peer Education online August - October 4th 2025

- First time prep support team
- 6 Peers completed
- 5 desiring Peer to Peer training



Online Connection Recovery Support Group

- 5 new peer/ volunteers looking to support and run Peer support groups

In person Meet ups:

To pursue how to further training and future needs/goals for our peer/volunteers including creating spaces for better connection and support.

YOUTH PROGRAMS

NAMI Hawaii Youth programs include:

- Ending The Silence presentations
- NAMI On Campus
- Coping Skills Presentations.

Our focus is building up Hawaii's youth to care for their own and mental health and support their peers.

Ending the Silence Presentations:

a youth and young adult presentation on mental health awareness.

- 14 presentations
- 822 students from various middle and high schools across Oahu attended
- 6 new presenters trained



Youth Programs & Presentations

Ending The Silence Presentations:

- Hawaii Job Corps
- Paloma Settlement
- UH Laboratory School (x2)
- Hawaii Society of Medical Assistants
- Healthy Living Essentials (Family ETS)
- Island Pacific Academy
- Kroc Center Salvation Army

Coping Skills Presentations:

- Kamehameha Schools
- Momilani Elementary
- Island Pacific Academy (x2)
- Manoa Japanese SDA Church

Other:

- Macy's Reading is Fundamental

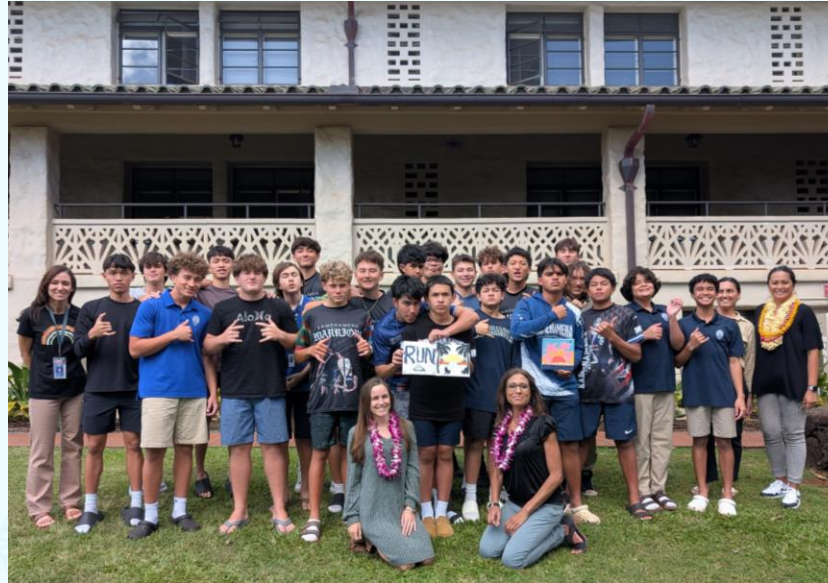


2025 New Clubs:

- 'Iolani Schools
- Punahou Schools
- Kamehameha Schools
- Island Pacific Academy
- University of Hawaii Manoa

2025 Continuing Clubs:

- Waipahu High School



Macy's Reading Is Fundamental

Asia, an ETS volunteer, was awarded for being an outstanding community member and someone who makes a lasting impact on students' wellbeing!

- 60 Linapuni 1st grade students
- Read-aloud and student activity based on literacy and social emotional learning
- Students left with literacy kits containing 3 new books, and other resources from RIF and NAMI



nAMI Walks 2025

\$106,058

Funds raised



Oahu 18th Year

	# of Participants	# of Teams
2025	863	49
2024	767	75

\$4,730

Funds raised



Big Island 7th Year

	# of Participants	# of Teams
2025	110	9
2024	53	11

nami Walks 2025

\$1,680



Kauai 4th Year

\$1,375



Maui 3rd Year

\$1,528



Lanai 2nd Year

	# of Participants	# of Teams
2025	41	3
2024	35	4

	# of Participants	# of Teams
2025	79	5
2024	57	-

	# of Participants	# of Teams
2025	50	1
2024	35	2

nAMi Walks 2025

New Walk Site: Molokai

\$590

Funds raised



	# of Participants	# of Teams
2025	9	1

NAMI Walks 2025

Mahalo to our sponsors:

Statewide Totals:

- Over \$115,201 raised
- 1,148 Participants
- 68 Teams



 **nami** Hawaii ANNUAL CELEBRATION



ADVOCACY in 2025

Annual Mental Health Summits

REIMAGINE
Crisis Response

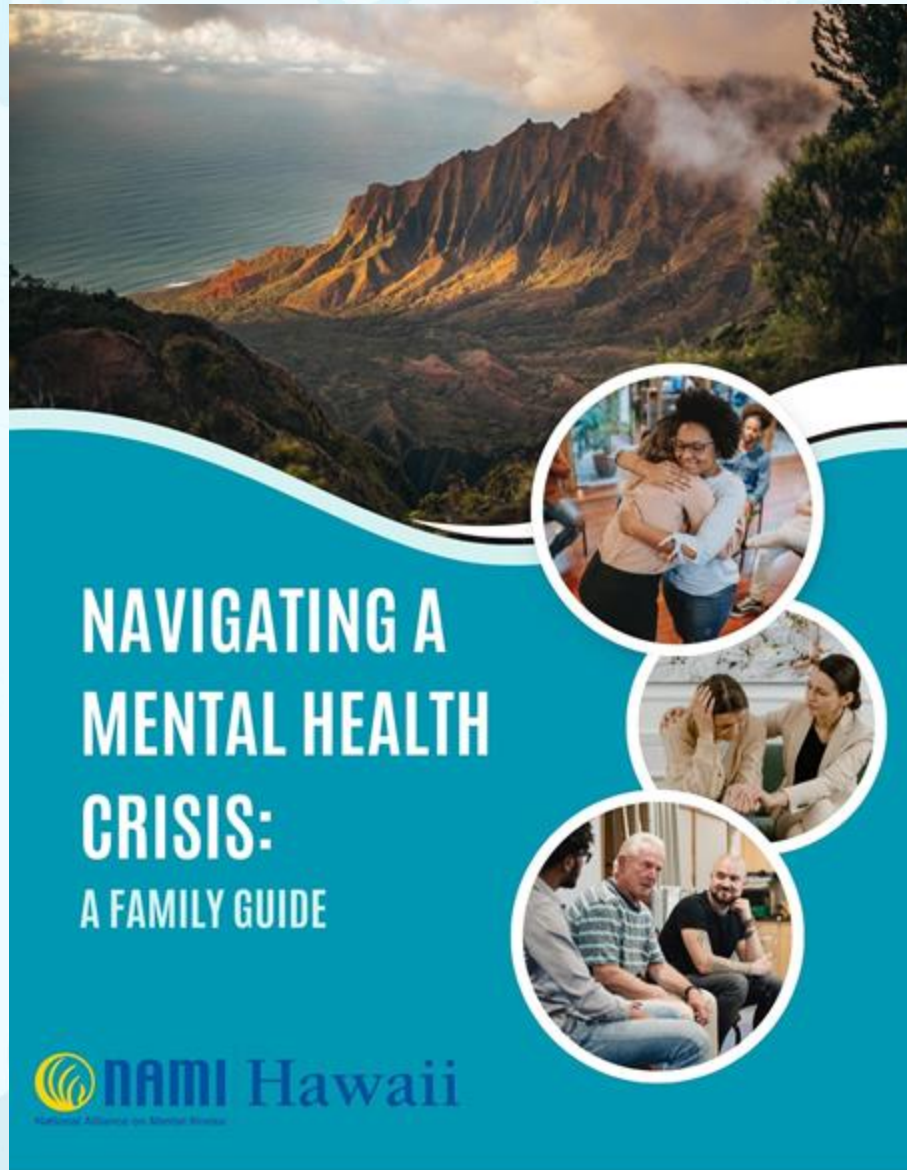
*~ Someone to Contact ~ Someone to Respond ~
~ A Safe Place to Go ~ Ongoing Support ~*

**To assess current crisis response services,
identify gaps and plan for the future.**

Big Island – 3rd Summit took place in September

Kauai – 1st Summit in November & 2nd planned for August 2026

Maui – 1st Summit tentatively planned for March 2026



Outlines the steps to take in an emergency

Explains available treatment pathways including navigating Assisted Community Treatment (ACT) and guardianship options

Offers practical, accessible support for families, including connections with families who have navigated these processes before

You Are Not Alone!

What The Guide Provides

- **Roadmap** for families: 911/CIT officer ~ 988 ~ Crisis Mobile Outreach (CMO)
- **Legal pathways**: Voluntary care ~ involuntary hospitalization ~ Assisted Community Treatment (ACT)
- **Step-by-step guidance** for deciding which pathway fits and detailed instructions for pursuing an ACT order and the Attorney General's role
- **Overview** of guardianship procedures including what the courts require

Practical Tools & Resources

- Phone numbers, links, and agencies that support families: (AMHD, CMHCs, AG's Office, Judiciary forms, Care Hawaii, NAMI Hawaii)
- Common challenges families face and strategies to make the process smoother
- Reference section with key documents, and contacts involved in crisis response

Legislative Priorities

- 1) Crisis Response Services
- 2) Quality, Affordable, & Culturally Relevant Care
- 3) Criminal Justice Mental Health Reform and
- 4) Workforce Development that includes Peer Support Specialists.

Outcomes of 2025 Legislative Session

Initial tracked 21 bills – Submitted testimony on 3 bills ~ **all 3 bills passed!**

- **HB943 – Homeless Triage Centers** - \$1m over 2 years to expand services
- **SB1322 – State Chapter 334 on Mental Health** - Revisions passed
- **HB1462 – Behavioral Health Crisis Centers** – No funding approved...

Developing our strategy to introduce NAMI's first bill in the 2027 session regarding a 988 Telecommunication Surcharge to generate funds to support Crisis Response Care Services.

AFFILIATE UPDATES

NAMI Kauai – Karin Medigovich

NAMI Oahu – Dominique Mundt

NAMI Maui – Amber Drake

Molokai – Genevieve Correa Soares

NAMI Big Island – Susan McGovern

ANNUAL MEETING and VOTING

- Call to Order Kathy Hammes, BOD President
- 2024 Annual Meeting Minutes Approval – Amy Morton-Sogi
- Treasurer's Report – Michael Williams, CPA
- Election of New Board Members for 2026 – Mike Durant

NEW BOARD MEMBERS 2026

RENEWING

Michael Broderick, Retired Judge

Amber Drake, Mental Health Counselor

Ana Kia, LCSW

Mike Durant, Current Vice President

Chelsea Wong, PsyD

NEW BOARD NOMINEES

Anson Rego, Esq., Past NAMI Hawaii Board Member

Debbie Zimmerman, Past NAMI Hawaii President

The background features a wooden plank texture. A light-colored wooden heart is positioned on the left side. The top of the image is decorated with a string of warm, yellow bokeh lights and a dark blue wavy line. Small, light blue snowflakes are scattered throughout the background. In the bottom corners, there are stylized illustrations of evergreen trees on small mounds of snow.

APPRECIATION



RETIRING BOARD MEMBERS

Amy Morton-Sogi

STRATEGIC PLAN UPDATE

Priority One: Grow Island Affiliates

- Financial support available for part-time leadership
- Increased awareness of NAMI programs
- At least one family program and one peer program available in each affiliate
- sufficient volunteer facilitators and membership to support programs and broaden community awareness.

Priority Two: Recruit and Retain Peer Leaders

- Secure and train at least 10 peer leaders.
- Every quarter at least one peer class or special program will be offered
- Peer support groups will be offered monthly, with a goal of five (5) per month.
- The NAMI Hawaii website will provide links to NAMI National peer programs outside of Hawaii.
- Paid part-time staff person, preferably a certified peer specialist, provides leadership, support, and oversight

Priority Three: NAMI Hawaii Recognized as THE Voice

- Adequate staffing to support the advocacy priorities approved by the board.
- Enthusiastic board advocacy chair with a two-year commitment
- Visit with key elected officials after election day.
- NAMI day at the legislature and training for membership
- Board advocacy chair and advocacy staff researches and drafts priorities.
- Board approves the annual advocacy priorities.
- Advocacy committee and staff receives advocacy training.
- Track priority legislation, communicate action alerts to members
- Staff gathers data from peers and families about what they want and need.

Priority Four: Build Private and Government Collaborations

- Current collaborations will be identified and evaluated, working with other NAMI staff.
- Develop intentional outreach to ensure ready communication with major collaborators which is mutually beneficial.
- Convene collaborators to facilitate communications, share information, identify common projects, and improve resource availability to peers and family members.
- Publish the NAMI Hawaii Resource guide and make it available to peers, family members, and the community.
- Publish and share the guide with collaborators for their use.
- Focus on getting the word out about the guide, e.g., social media, presentations and talks by peers, and advertising.

PROGRAMS in 2026 (tentative*)

January Honolulu CIT
Peer-to-Peer classes (1/17)

February Family-to-Family (2/7) &
Homefront (2/28)
NAMI State Training

March Big Island CIT & Hearts+Minds

April NAMI HI STATE CONFERENCE
Family-to-Family (4/26) &
Honolulu CIT

May Hearts+Minds (5/3) &
NAMI State Training (5/10)
Family-to-Family (5/23)
Peer-to-Peer

June NAMIcon Virtual (6/11-13)

July Family & Friends (7/12)
Honolulu CIT

August Family-to-Family 8/30)
Peer-to-Peer

September Hearts+Minds (9/6)

October NAMIWalks Hawaii (10/11) &
Honolulu / Big Island CIT

November Family & Friends (tba)
Hearts+Minds

December Annual Celebration

Quarterly NAMI Hawaii Community Meetings
(led by Board of Directors / Debbie Zimmerman)

* All program schedules are subject to change. Please contact info@namihawaii.org to join our monthly newsletter for updates



REIMAGINE

Crisis Response

Every person in a mental health crisis deserves a mental health response



Keynote: Kody Green

*Comedian, Podcaster,
and Advocate:
The Schizophrenic Hippie*

NAMI Hawaii State Conference

in Partnership with Mental Health America of Hawaii

All program schedules are subject to change.

Please contact info@namihawaii.org for more information

SAVE THE DATE
APRIL 13, 2026

OPEN MIC

Please share 1-2 minutes on how NAMI
Hawaii has given you HOPE for
you or your loved one



**PRIZES
&
CENTERPIECE**



nami

Hope starts with you.



Thank You!